BSA CELTIC PRESEASON CAMP

Monday	4:30 p.m.	Staff Meeting
Wonday	5:00 p.m.	Registration
	5:30 p.m.	Introductions
	5:45 p.m.	Group Assignments
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	6:00 p.m.	Group Warmup
	6:15 p.m.	Stations Technical Dribbling (12 minutes)
		A) Stepover
		B) Scissors
		C) Cruyff
		D) Matthews/ Rolls
	7:00 p.m.	1 v 1 contest
	7:30 p.m.	Team Training & World Cup Matches
	8:00 p.m.	Depart
Tuesday	5:00 p.m.	Staff Meeting
	5:30 p.m.	Assemble
	5:45 p.m.	Group Warmup
	6:00 p.m.	Passing Stations (10 minutes)
		A) Inside of Foot
		B) Outside of Foot
		C) Chipping
		D) Driven Balls
	6:30 p.m.	Combination Play
		A) Wall Pass
		B) Takeover
		C) Overlap
	7:00 p.m.	2 v 2 Contest
	7:30 p.m.	World Cup Matches
	8:30 p.m.	Depart
Wednesday	5:00 p.m.	Staff Meeting
	5:30 p.m.	Assemble
	5:45 p.m.	Group Warmup
	6:00 p.m.	Controlling Touch Stations (10 minutes)
		A) Instep
		B) Thigh
		C) Chest
		D) Pressure Training
	7:00 p.m.	Juggling / Camp Demonstration
	·	A) Juggling Contest (Group)
		B) Camp Contest
	7:30 p.m.	World Cup Matches
	8:00 p.m.	Depart
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Thursday	5:00 p.m. 5:30 p.m. 5:45 p.m.	Staff Meeting Assemble Group Warmup
	6:00 p.m.	Shooting StationsA) Power ShootingB) Placement ShootingC) BangusD) Volley
	7:00 p.m.	Shooting Games
	7:30 p.m.	World Cup Matches
	8:00 p.m.	Depart